

CoPA – Region 7  
Minutes  
September 18, 2008

Present: Karen Davis, Frontier Health; Mary Lou Hutton: ITC of Cumberland Mountain; Cindy Bates, Wise Co. Schools; Jennifer Fox, Wise Co. Schools, Lisa Pritchard, Wise Co. Schools

Karen told the group that Courtney Currier related by phone that she and Stacy Wood would not be available for this meeting but would be able to participate in the workshops on 10-14-09 and 11-11-09.

The group settled on the following for our parent workshops:

Title: A Parent's Guide to Autism Spectrum Disorder

Location and Time: Washington Co. Community Services building: October 14, 2009 from 9:30 a.m. to 2:00 p.m.  
Oxbow Center, St. Paul, VA on November 11, 2009 from 9:30 a.m. to 2:00 p.m.

Schedule: 9:30 a.m. Registration  
10:00 a.m. Welcome  
10:15 a.m. Social Skills: Karen will check to see if the Care Team from Carroll Co. can present this portion in Bristol. Lisa and Jennifer will work with the Heart team to do Oxbow.  
11:00a.m. Break  
11:15 a.m. Communication and Assistive Technology: Karen will check with Margaret Vaughn to see if Brian Dye will be available to do these.  
12:00 p.m. Lunch  
12:45 p.m. Sensory: We decided an OT would be good to do these. Mary Lou will check to see if the OT she is familiar with will be available.  
1:30 p.m. Panel of presenters: Q & A  
2:00 p.m. Evaluations

Parent Packets and Tool Kits: Karen has purchased manipulatives for the tool kits. Mary Lou will get the boxes and we will check about getting other items possibly donated or purchased. Jennifer related that as a parent she was always looking for helpful things to use in different situations. The group decided the participants themselves would be a good source for this information. Karen will prepare the flyer and registration. On the registration the participants will be asked to share one tip that has worked well for them. When the registrations are returned, the tips will be copied and placed into a small portfolio such as the small plastic picture albums we get when having film developed and placed into the tool kit. The tool kits will be given out as one per family.

Catering: Chef Heather has already received payment for meals at each location. To accommodate more parents we will have purchase more meals.

Displays: We will check with all members to see who would like to set up a display such as Scott Co. Schools, Heart Team, Care Connection, CoPA, etc.

Additional Incentives: Shirley was working on getting gas cards for each family. Karen will check with her about that. If we can't purchase enough for every family we may be able to get a few to give as door prizes

Getting the word out: Karen will e-mail the flyer and registration form to all CoPA members when approved by the planning team.

Next Meeting: OxBow in St. Paul at 12:00 p.m. on October, 13, 2009. We will be putting the kits together.

Adjourn

*Respectfully submitted by  
Karen Davis, CoPA leader*